ಬಾ ಗುರು Trek ಮಾಡೋಣ...!

Karavan
TREKS



Annapurna Base Camp

Into the heart of the Annapurna Sanctuary

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Trek overview

REGION	DURATION	MAX ALTITUDE	TREK DISTANCE
Annapurna, Nepal	10 days / 9 nights	4,130 m	75 km

GRADE	BEST SEASON	START & END	STAY
Moderate	Mar–May · Oct–Nov	Pokhara	Hotel and tea houses

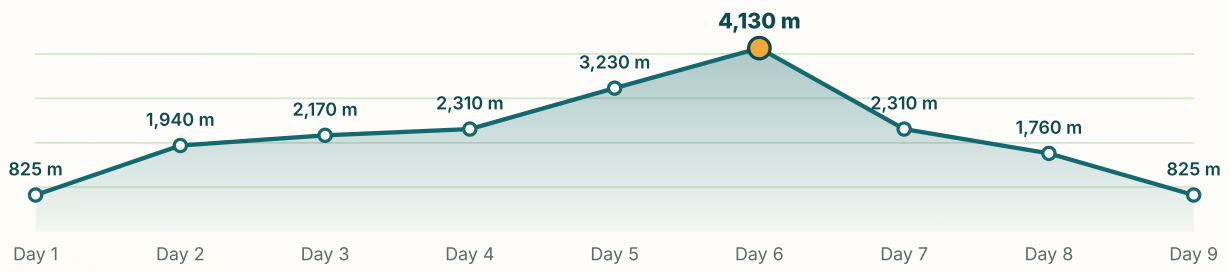
About the trek

A walk through Gurung villages and rhododendron forests into the Annapurna Sanctuary at 4,130 m, where Mt Annapurna I and Mt Machhapuchhre rise all around you. Over ten days the trail climbs from the lakeside city of Pokhara through terraced farmland, bamboo forest and narrow river valleys to base camp, then drops back to soak in the hot springs at Jhinu Danda. Suitable for fit first-timers and seasoned trekkers alike, with a Karavan trek leader and a local guide alongside you throughout.

Highlights of the trek

- Sunrise over the Annapurna range from base camp at 4,130 m
- Machhapuchhre Base Camp (3,700 m) on the way up
- Ghandruk, the traditional Gurung village, and its museum
- Rhododendron and bamboo forests below Deurali
- Natural hot springs by the river at Jhinu Danda

Altitude profile



ITINERARY

Day by day

01

DAY 1

Bengaluru to Pokhara

Travel day

Fly in and reach the lakeside city of Pokhara. Check in to the hotel (check-in from 12 noon) and meet the group in the evening for a trek briefing.

920 m → 825 m



A warm welcome in Pokhara



Mt Annapurna South from Ghandruk

02

DAY 2

Drive to Ghandruk and explore the museum

Drive day

Drive from Pokhara straight up to the Gurung village of Ghandruk. Explore the Gurung Museum and settle in with views of Mt Annapurna South and Mt Machhapuchhre.

825 m → 1,940 m

03

DAY 3

Ghandruk to Chhomrong

Trek day

Trek through terraced fields and forest, crossing ridges and streams to the hillside village of Chhomrong.

1,940 m → 2,170 m | 10 km | 6–7 hrs



Mt Annapurna South over Chhomrong



Stone steps through the forest

04

DAY 4

Chhomrong to Bamboo

Trek day

Descend the long stone stairway and enter lush rhododendron and bamboo forest to the quiet settlement of Bamboo.

2,170 m → 2,310 m | 10 km | 5–6 hrs

05

DAY 5

Bamboo to Deurali

Trek day

Follow the narrowing Modi Khola valley past cascading waterfalls as the air grows cooler, stopping at Deurali for the night.

2,310 m → 3,230 m | 9 km | 5–6 hrs



Mt Machhapuchhre above the valley

ITINERARY

Day by day, continued

06

DAY 6

Deurali to Annapurna Base Camp

Trek day

Climb past Machhapuchhre Base Camp (3,700 m) and into the Sanctuary to reach Annapurna Base Camp.

3,230 m → 4,130 m · 8 km · 6 hrs



The final push past MBC



First light on Mt Annapurna I

07

DAY 7

Sunrise at ABC, trek to Bamboo

Trek day

Watch the first light turn the Annapurna range gold, then retrace the trail down the valley to Bamboo.

4,130 m → 2,310 m · 13 km · 8–9 hrs

08

DAY 8

Bamboo to Jhinu Danda and hot springs

Trek day

Trek down to Jhinu Danda and ease tired legs in the natural hot springs by the river.

2,310 m → 1,760 m · 8 km · 5–6 hrs



Jhinu Danda hot springs



Suspension bridge near Jhinu

09

DAY 9

Jhinu Danda Bridge and drive to Pokhara

Trek + drive

A short walk to the bridge, then the drive back to Pokhara for a final evening by the lake.

1,760 m → 825 m · 2 km trek · 60 km drive

10

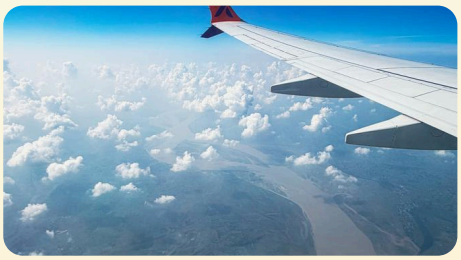
DAY 10

Departure to Bengaluru

Travel day

Head home with memories to last a lifetime.

825 m → 920 m



Homeward bound

TREK PRICE

₹21,999 per person + 5% GST

Pokhara to Pokhara

Reserve your seat with a 20% advance

See upcoming batches

Dates and seats change often, so check live availability before you book.

Scan or tap to open →

RECENT BATCHES

Trekkers who made it to the top

Every batch that has stood at base camp with us, from our first ever group to the latest.



Mar 2025 · Our first ever batch



Mar 2026



Mar 2026



Apr 2026



Oct 2026



Oct 2026

IG More stories and photos on Instagram @karavan_treks →

WHAT'S INCLUDED

- Hotel stay in Pokhara for 2 nights
- All permits and fees required for the trek
- Transport from Pokhara to the trailhead and back
- Accommodation during the trek
- Expert local guide and a Karavan trek leader

NOT INCLUDED

- Meals during the entire trip
- Transport from the airport to the hotel and back
- Sightseeing in Pokhara
- Personal porter and insurance
- Costs from unforeseen circumstances, including medical emergencies and acts of God
- Anything not listed under inclusions

PLAN YOUR TREK

Before you book

Things to carry

The full packing list, from layers to documents.

Scan or tap to open →

Cancellation policy

How refunds work if your plans change, and what is deducted.

Scan or tap to open →

Booking a trek means you accept the Karavan Treks terms and conditions.

WHY KARAVAN

Trek with people who care

Small groups

Peaceful trails and a personal, unhurried experience.

Certified leaders

Every trek lead is Basic Mountaineering Certified.

Safety first

Medical support, expert planning and your well-being first.

Trek-ready you

We help you prepare well before you reach the mountains.

ಬಾ ಗುರು Trek ಮಾಡೋಣ...!

Ready to join the Karavan?

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